

Crich Monument Race

Saturday July 14th Race begins at 1.30PM

This scenic mainly off-road course, starts at the Fete green, along Coasthill, across the Tors to Hagg Hill, down through Crich Chase to Cromford Canal, through to Whatstandwell, up to Wakebridge before scaling the Monument hill and then a fast descent to the Fete green. This route is a REAL challenge for Fell, Road and Trail runners the race distance is approximately 11.3 Kilometres including 1000 feet of climbing.

Entry fees: £9 Affiliated Runners
 £10 Un-affiliated Runners

Closing date for entries is the 7th of July
There are limited entries on the day
Cost of entry on the day is £10 all runners

A gift for each runner and prizes for

1st, 2nd, 3rd, Male
1st 2nd 3rd Female
First Local Male
First Local Female
First Team Home Male 4 runners
First Team Home Female 3 runners

Entries to be sent to:
Mr Paul Woodhouse
10 Hodder Close
Crich
Derbyshire
DE4 5NH

Enquiries Tel: Richard on 07952 840619

Cheques made payable to 'Post Office Ltd'

IF YOU ARE RUNNING AS A TEAM INCLUDE THE CLUB NAME OR TEAM NAME ON THE APPLICATION FORM. IF YOU DO NOT THE TEAM WILL NOT BE COUNTED

CRICH MONUMENT RACE ENTRY FORM

SURNAME _____ FORENAME _____

ADDRESS _____

POSTCODE _____

SEX (M/F) _____ DATE OF BIRTH _____

TELEPHONE _____ EMAIL _____

UKA AFFILIATED CLUB _____

IF YOU ARE RUNNING AS PART OF A TEAM INCLUDE THE TEAM NAME _____

I declare that I am medically fit to run and that I enter the Crich Monument race entirely at my own risk. I understand that the organisers or sponsors will not be responsible for any injury or illness incurred before, during or as a result of the event, or for any property lost, stolen or damaged. Minimum age for entry 16 years. This event is held under England: A rules. The Trail Running association permit has been applied for.

Signed _____ Date _____

RACE ENTRY FEE £ _____

All proceeds are to be split between Crich Fete and Local Charities

